What Does It Take:

Coordinating Supports for a Life Lived in the Community

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November 18, 2019

Iowa's Money Follows the Person (MFP)

- 759 community transitions since 2008
- Transitions from Qualifying Facilities
- MFP for Intellectual Disability (ID) or Brain Injury (BI) waivers
- 95% in community after MFP year
- Current Team

Lessons Learned

1. Intensive coordination and support
2. Dedicated person to develop plan
3. 1st year intensive monitoring & support
4. Transition specialists only do transition
5. Training & behavioral support plan
6. Finding employment is challenging

Individuals Need…

1. **Intensive coordination and support**
2. **Dedicated person to develop plan**
3. **1st year intensive monitoring & support**
4. Transition specialists only do transition
5. Training & behavioral support plan
6. Finding employment is challenging

The Choice for Community Living

- The individual's choice about where they receive their services is supported by legal requirements, as well as a philosophy that supports informed choice and dignity of risk.

Philosophy: Informed Choice

- A person has the information and support to think through the choice and to understand what the reasonably expected consequences may be of making that choice.

Philosophy: Dignity of Risk

- The idea that self-determination and the right to take reasonable risks are essential for dignity and self esteem and so should not be impeded by excessively-cautious caregivers concerned about their duty of care.

Legal Support

- Americans with Disabilities Act – 1990
- Olmstead Decision – 1999
- Developmental Disabilities Assistance and Bill of Rights Act – 2000
- Federal and state requirements for facilities

Transition Process

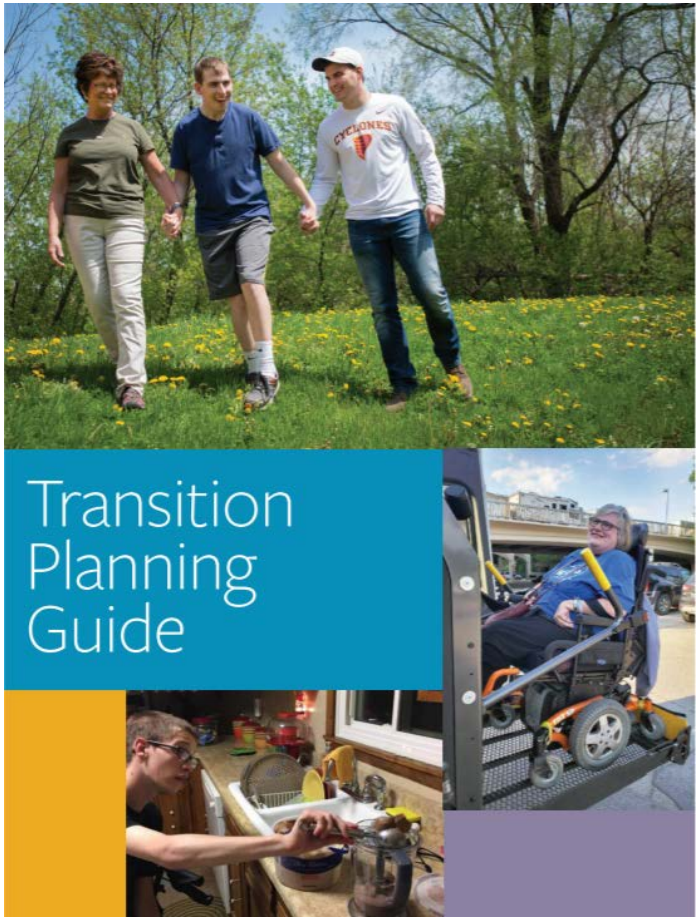
- This is initiated when a person identifies that they would like to receive their services in the community.

If a person can be supported in a large building, they can be supported in a small one.

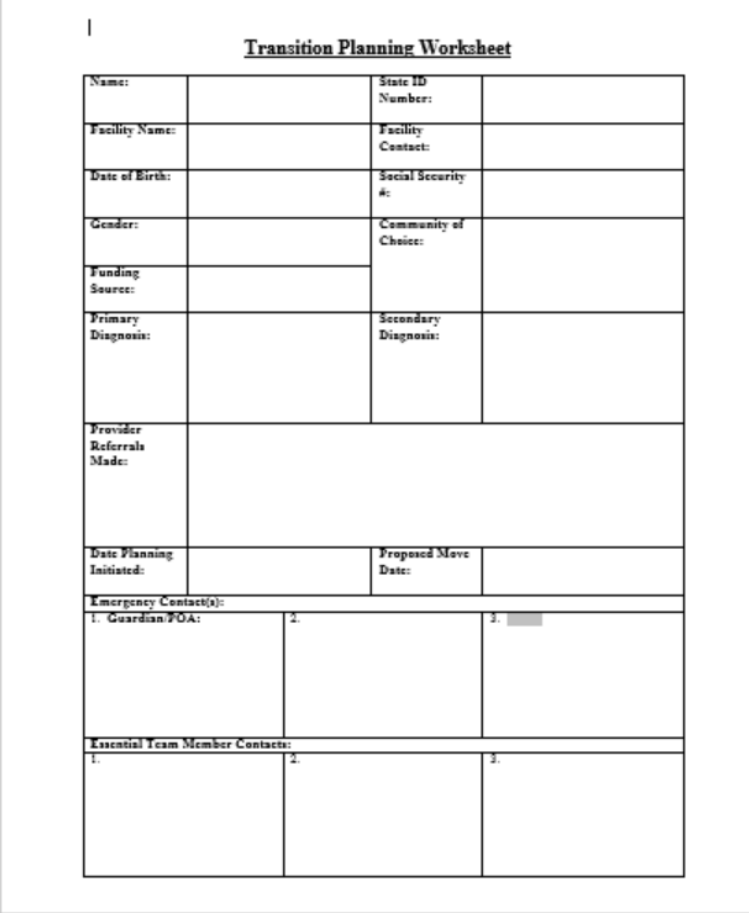
MFP Transition Tools

- MFP Transition Guide
- Transition Planning Worksheet
- Action Plan Form

MFP Transition Guide



Transition Planning Worksheet



Transition Planning Worksheet

Name:		State ID Number:	
Facility Name:		Facility Contact:	
Date of Birth:		Social Security #:	
Gender:		Community of Choice:	
Funding Source:			
Primary Diagnosis:		Secondary Diagnosis:	
Provider Referrals Made:			
Date Planning Initiated:		Proposed Move Date:	
Emergency Contact(s):			
1. Guardian/POA:	2.	3.	
Essential Team Member Contacts:			
1.	2.	3.	

Action Plan Form

Transition Action Plan

Action Item:	Team Member Responsible:	Due Date:

Life Area Considerations

Housing	Education
Medical	Employment
Mental Health	Money
Personal Assist.	Social/Leisure
Safety	Legal
Transportation	Other

Transition Process

- **Informational Meeting**
- **Transition Planning Meeting**
- **Facility Discharge Meeting**
- Post-Transition Visit
- 30 Day Meeting
- Ongoing monitoring

Informational Meeting

- At this meeting you will gather initial information needed to begin identifying needs and supports necessary for living in the community

Informational Meeting

- **Essential needs** – supports that must be in place before the transition can happen

- **Nonessential needs** – supports that can be put in place post-transition

Mock Informational Meeting

Begin *Transition Planning Worksheet*

1. **Essential team members**

   Interdisciplinary team, family, etc.

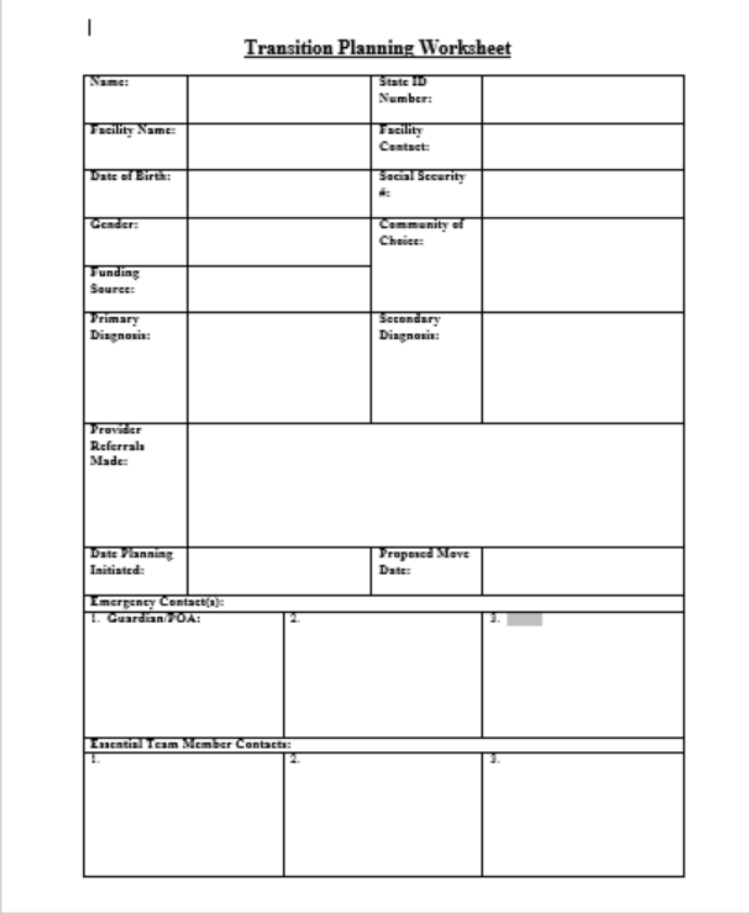
2. **Essential needs**

   Pre-transition

3. **Nonessential needs**

   Post-transition

Transition Planning Worksheet



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Time Hop

- *Now you've…*
  - *Toured potential new homes*
  - *Selected a service provider to meet the person's needs*
  - *Met with potential roommates*

- *and are moving forward with the process*

Mock Transition Planning Meeting

- Pull together all team members

1. Develop *Action Plan* for essential/non-essential needs
2. Continue to develop the *Transition Planning Worksheet* to apply information to your specific case study

Action Plan Form

Transition Action Plan

Action Item:	Team Member Responsible:	Due Date:

Mock Transition Planning Meeting

- Think about:
  - Any status updates?
  - Did the essential needs change?
  - New barriers identified?
  - Training for support personnel?
  - Tour new home? Meet new staff?
  - What are the logistics for move day?

Mock Facility Discharge Meeting

- Hold meeting with all team members about a week before the move

1. Verify *Action Plan* task completion
2. Problem solve any roadblocks that may have come up
3. Confirm move plans (date, packing, transportation, time of day, etc.)

Mock Facility Discharge Meeting

- Does the roadblock effect essential and/or non-essential needs?
- Are changes needed in the *Transition Planning Worksheet*?
- Are changes needed on the *Action Plan*?

Transition Process Review

- **Informational Meeting**
- **Transition Planning Meeting**
- **Facility Discharge Meeting**
- Post-Transition Visit
- 30 Day Meeting
- Ongoing monitoring

Transition Scenarios

- Informational Meeting
  - What did you learn about the person?
- Transition Planning Meeting
  - Who were essential Team Members?
  - How did you plan for essential needs to be met?
- Facility Discharge Meeting
  - Roadblock and how did you plan around it?
  - Did the plan come together?

Questions and Contact Info

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